



How do you get around?

Most people use the car. A travel survey of residents in the Perth metropolitan area found that 80% of trips were by car, and most were by the driver alone.

There are travel alternatives available in your local area, and many good reasons to use them. By walking, cycling or using public transport you can reduce car trips and so:

- reduce local traffic
- reduce air pollution and greenhouse gas emissions
- improve your health through physical activity
- reduce your travel costs

Wherever you are going, consider your options - that is what being TravelSmart is all about.

Public Transport

Public transport can be a quick and convenient option for many trips, yet only 6% of trips are made this way.

The City of Bayswater and the Town of Bassendean are well serviced by public transport with connections to and from Perth City, the Galleria Shopping Centre and Bayswater Waves Aquatic Centre. Try catching the train to Success Hill Station for WAFL games played at Steel Blue Oval.

Public transport hints:

- Phone Transperth on 13 62 13 or go online www.transperth.wa.gov.au to check out bus and train services you could use. Timetables and guides to Transperth services are available at Transperth InfoCentres, Council office or library.
- Bus routes 20, 40, 98 and 99 are fully wheelchair accessible.
- If you want to catch a bus, remember to hail it at a bus stop.

Train frequencies:

Midland Train Line

Time	Frequency
Weekdays - Peak periods	9/17 mins*
- Off peak	15 mins
- Evening	30 mins
Weekends - Day	15 mins
- Morning/Evening	30 mins

*Peak periods are 7:00am to 8:30am and 4:00pm to 6:00pm.

In peak periods trains stop at Maylands, Bayswater and Bassendean stations every 9 minutes and at Mt Lawley, Meltham, Ashfield and Success Hill stations every 17 minutes.

Taking bikes on trains:

- Bikes can go on trains during off peak times, weekends and public holidays.
- During weekday peak times, you can take your bike on trains going away from Perth City (7:00-9:00 am) or towards the City (4:30-6:30 pm), and bikes are not permitted on trains stopping at or passing through Perth Train Station at these times.
- Free bike lockers and u-rails are installed at all train stations.

Walk or Cycle

There are many short trips where travelling on foot or bicycle is a good alternative to driving. A recent travel survey found that almost half of the car trips made by local residents are 5 km or less, 30% are 3 km or less and some are over just a few hundred metres.

This shows that walking or cycling is possible for many trips - such as going to the local shop or getting the kids to school. And it is a way of fitting healthy physical activity into your everyday life.

You could try cycling to work or visiting friends. Many roads offer a safe and convenient route and the network of paths is growing.

Walking hints:

- Two walking trips a day will go a long way to finding 30 minutes of exercise.
- Be courteous to cyclists on shared paths by keeping left.
- Be aware of cyclists when using shared paths. Look around before moving across the path.

Cycling hints:

- Find a convenient route. Use this map or one of the Perth Bike Map Series (more comprehensive cycling maps) that can be purchased from bike shops.
- Be courteous to walkers who use shared paths.
- Talk to regular cyclists for advice on local cycling conditions.